

3 The Sorrowful Mysteries

Nel nome del Padre, del Figlio e dello Spirito Santo – Gloria



1st Mystery, The Prayer of Jesus in the Garden of Gethsemane.
We give you thanks, Lord Jesus, because you held back nothing before the greatest difficulties and you gave your all in order to bring to a full conclusion your mysterious task of salvation. Help us to imitate you: may we keep steadily on course during difficult times in life and in work. Help us to ask for the assistance of the Father as you did and to trust in Him.



2nd Mystery. Jesus is scourged.
We give you thanks, Lord Jesus, because the stripes of those soldiers did not change your heart. Help us to remain steady in our plans to do good even when tried by the “stripes” of work or of the work we do not have.



3rd Mystery. Jesus is crowned with thorns.
We give you thanks, Lord Jesus, because that crown of thorns has become the sign of your loving sovereignty that reaches out beyond human misery. Help us to exercise the sovereignty like you to accept the spines of the moment in order to transform them into something truly great for ourselves as much as for the others.



4th Mystery. Jesus carries his cross to Calvary.
We give you thanks, Lord Jesus, because as you climbed, step by step, you did not give way under the weight of evil. Stay by our side. Give us the strength of your will to continue in our search for work with determination, in the difficult moments in running our affairs and when facing problems that seem too big for us.



5th Mystery. Jesus dies on the cross.
We give you thanks, Lord Jesus, because you were truly great when you gave your all as you gave your life for us as you did. Help us to transform both the little and the greater crosses of daily life into moments when we reach beyond our limits towards a new and powerful gain: that of being able to love difficult things which seem deprived of any sign of human worth.

Hail, holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the Promises of Christ.

Let us Pray.

Almighty and everlasting God,
Who by the working of the Holy Spirit didst prepare both body and soul of the glorious Virgin Mother, Mary, that she might deserve to be made a worthy dwelling for Thy

Son, grant that we who rejoice in her memory, may, by her loving intercession, be delivered from present evils and from lasting death, through the same Christ our Lord.

Amen

Lamb of God

Lamb of God, who take away the sins of the world,
spare us, O Lord.

Lamb of God, who take away the sins of the world,
graciously hear us, O Lord.

Lamb of God, who take away the sins of the world,
have mercy on us.

Pray for us, O holy Mother of God,
that we may be made worthy of the Promises of Christ.

Pray

Grant, we beseech you, O Lord God, that we your servants may enjoy lasting health of mind and body; and, by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enter into the joy of eternal happiness. Through Christ our Lord.

Amen